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## Berries & Cream Smoothie



Ready in 5 minutes

Serves 1

### INGREDIENTS

1 cup spinach

½ cup frozen mixed berries

1 cup unsweetened vanilla almond milk

½ cup unsweetened coconut milk

1 tablespoon almond butter

1 teaspoon ground flaxseed

dash of cinnamon

### PREPARATION

Add ingredients into blender/Nutribullet and blend together.

Serve & enjoy.

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### Nutritional Information

Calories 225 | fat 14g | protein 6g